

## Eastern Passage Wellness Center Health History Form

Name (please print): \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone: (H): \_\_\_\_\_ (W): \_\_\_\_\_ (C): \_\_\_\_\_ Email: \_\_\_\_\_

Occupation: \_\_\_\_\_ Regular hobbies/sports/activities: \_\_\_\_\_

Physician name/address/phone: \_\_\_\_\_

Current Medications (including non-prescription): \_\_\_\_\_

\_\_\_\_\_

Have you ever been in a motor vehicle accident? YES/NO (please circle) Date of accident: \_\_\_\_\_

Internal pins/wires/artificial joints: \_\_\_\_\_

How did you find out about the clinic? \_\_\_\_\_

What is your primary complaint? \_\_\_\_\_

Can you describe it, (please circle)? DULL SHARP SHOOTING ACHY NUMB TINGLING STIFF

Pain scale: (low) 1-----5-----10 (high) Does it radiate anywhere? \_\_\_\_\_

Does anything aggravate your symptoms? \_\_\_\_\_

Does anything relieve your symptoms? \_\_\_\_\_

When did your symptoms begin? \_\_\_\_\_

Have your symptoms changed & how? \_\_\_\_\_

Is this condition interfering with (please circle): WORK SLEEP DAILY ROUTINE ACTIVITIES

(Please explain) \_\_\_\_\_

Have you seen any other health care practitioner regarding this complaint? Medical Doctor  Chiropractor   
Physiotherapist  Massage Therapist  Other  \_\_\_\_\_

Have they provided results? \_\_\_\_\_

Please check all that apply:

**HEAD/NECK**

- Headache
- Migraine
- Visual Disturbances
- Contact lenses/glasses
- Earaches
- Hearing Problems
- Jaw Pain/Dental Problems
- Whiplash

**DIGESTIVE/URINARY**

- Difficult Digestion
- Constipation
- Liver/Gallbladder
- Kidney/Urinary
- Diabetes
- Hypoglycemia
- Crohn`s Disease
- IBS

**MUSCLE/JOINTS**

- Neck
- Low back
- Mid back
- Upper back
- Shoulder
- Hip
- Knee
- Ankle

**CARDIOVASCULAR**

- High blood pressure
- Low blood pressure
- CCHF
- Poor circulation
- Heart Disease
- Stroke
- Pacemaker
- Heart attack

**SKIN**

- Bruise easily
- Eczema
- Psoriasis
- Varicose Veins
- Loss of sensation  
(Please specify)\_\_\_\_\_

**FEMALE**

- Menstrual problems
- Pregnancy  
*Due Date:* \_\_\_\_\_
- Menopausal problems
- Gynaecological conditions

**RESPIRATORY**

- Asthma
- Chronic cough
- Shortness of breath
- Bronchitis
- Emphysema
- Smoker

**INFECTIOUS CONDITIONS**

- Tuberculosis
- HIV
- Hepatitis  
Type: \_\_\_\_\_
- Infectious skin  
conditions: \_\_\_\_\_

**OTHER**

- Hemophiliac
- Epilepsy
- Cancer
- Location: \_\_\_\_\_
- Arthritis OA\_\_\_ RA\_\_\_
- Fibromyalgia
- Osteoporosis
- Chronic Fatigue Syndrome
- Scoliosis
- Carpal tunnel syndrome
- Fainting/dizziness/loss of consciousness
- Hernia

This is to confirm & acknowledge that the above mentioned information is correct and accurate to my knowledge and that I give consent for my treatment by a Registered Massage Therapist. I also acknowledge the policy that appointments missed or cancelled with less than 24 hour notice will be subject to a \$25.00 charge.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_